# HLL DAY DINING

Breads	MEM	VIS
TURKISH DIPS & CRACKERS	20	21

Turkish bread and tortilla crisps, served with hummus, beetroot relish, olives, confit garlic & balsamic olive oil (vg)

CREAMY FETTA & SPINACH COB LOAF	16	17
Baked cob Bread stuffed with spinach, fetta & garlic cream (v)		
GARLIC BREAD (4 pieces)	10	11
House baked butter & garlic baguette (v)		
CHEESY GARLIC BREAD (4 pieces)	11.5	12.5

# Snack. Start Or Share

House baked butter & garlic baguette with melted cheese (v)

HALF SHELL SCALLOPS NAM JIM 🌶

TEMPURA PUMPKIN FLOWERS (4)	19	20
Tempura Moroccan pumpkin flowers with vegan aioli & crispy kale (vg)		
MUSHROOM ARANCINI (5)	19	20
Crumbed mushroom stuffed arancini with truffle aioli, crumbled fetta & green sh	allots (v)	
LAMB KOFTAS (3)	20	21
Lamb koftas, pita bread, hummus, tzatziki & fresh lemon		
TIGER PRAWN SPRING ROLLS (4)	19	20
Tiger prawn spring rolls (4) with a spicy Nam Jim dipping sauce		

Four Tasmanian scallops in shell cooked with spicy Nam Jim sauce with pineapple chutney, fried capers &

KILPATRICK MUSSELS	19	20
Whole soft buffalo mozzarella, tortilla crisps, cherry tomatoes, curry aioli & salsa verde	е	
MOZZARELLA BURRATA	19	20
Pulled pork tacos with baby spinach, fetta crumble and soft tortillas		
PULLED PORK TACOS (3)	19	20
BBQ coated chicken tenderloins served with slaw & fried onions (gf)		
BBQ CHICKEN TENDERS	17.5	18.5
fresh lemon (gf)		

5 NZ Green lip mussels cooked with bacon and rich tangy sauce & fresh lemon **BOWL OF KING PRAWNS** 36.5 38.5 400g Large fresh prawns served on ice, seafood sauce & lemon (gf)

**LOADED FRIES** 

Bowl of our awesome fries loaded with pulled pork, bacon bits, cheese sauce, fried onions & gravy (gf) **POTATO WEDGES** 

Golden fried wedges served with sour cream & sweet chilli sauce (v)

7.000	1000		
*		MEM	VIS
NATURAL			
Pacific Plate Oysters served with fresh le	emon (gf)		
1	HALF DOZEN	26.5	28.5
	DOZEN	40	42
KILPATRICK			
Baked with bacon & rich tangy sauce (g	<sub>3</sub> f)		
ı	HALF DOZEN	28.5	30.5

**TROPICAL** Served chilled with mango salsa & fresh lemon (gf) HALF DOZEN 28.5 30.5 DOZEN 43 45

DOZEN 43

45

28.5

# **CREAMY GARLIC PRAWN**

22

34 Garlic cream base, baby spinach, grilled prawns, garlic cloves, cherry tomatoes & mozzarella

### **MEDITERRANEAN LAMB** 30

Napoli base, pulled lamb, baby spinach, roast capsicum, red onion, garlic cloves, mozzarella & cucumber yoghurt

PEPPERONI	23	25
Napoli base, pepperoni & mozzarella		

Napoli base, pepperoni, capsicum, red onion, mushroom, olives, ham, anchovies & mozzarella

HAWAIIAN	23	25

Napoli base, ham, pineapple & mozzarella

**ALTER YOUF** 

**SUPREME** 

#### **MEAT LOVERS** 26.5 28.5

Napoli base, ham, pepperoni, ground beef, capsicum, red onion & mozzarella, drizzled with BBQ sauce

## **BEETROOT PIZZA**

Beetroot pesto base, baby spinach, baby beetroot, shallots, red onion, cherry tomatoes & mozzarella (v)

4.	SUBSTITUTE FOR A GLUTEN FREE BASE			
4.	ADD AVO	7.0	DI770	
3	1/2 & 1/2	4H	PIZZA	ľ

Please note public holiday surcharge of 10% applies (on food only)

	MEM	VIS
CREAMY GARLIC PRAWNS IN A COB LOAF	33	35

Prawns, spinach, cherry tomatoes & creamy garlic sauce in a toasted bread cob

#### **CHILLI MUSSEL PASTA** 30 28

Black mussels, cooked in a rich tomato, white wine and chilli sauce, tossed with fettuccini, finished with shallots, parmesan & lemon

## **SEAFOOD RISOTTO**

Prawns, calamari, mussels, baby octopus, bugs, tomato, garlic, served with fresh parsley, parmesan & lemon (gf)

#### **SEAFOOD TOWER** 124

# Our decadent seafood feast for two

Half dozen natural oysters, Chilled bug Tails, king prawns, half shell scallops, baby octopus, chilled marinated NZ mussels, smoked salmon, coconut prawns, calamari, battered Cod, house fries, garden salad, seafood sauce, tropical fruit & lemon

# CRUMBED BARRAMUNDI

House crumbed Barra fillet, served with mango salsa, fries, salad & lemon

# **GRILLED NORTHERN TERRITORY BARRAMUNDI**

39

38

40

Northern Territory skin-on Barra portion; served with roast baby potatoes, charred cherry tomatoes, asparagus, salsa verde, fried capers & lemon (af)

# SWORDFISH YELLOW CURRY 32

Grilled Swordfish, roast sweet potato, green beans, cherry tomatoes, served with yellow coconut curry, pineapple relish & lemon (gf)

# **PRAWN AND BUG FETTUCCINI**

38.5 36.5

Pan fried prawns, Moreton Bay bugs, cherry tomatoes, baby spinach in white wine and garlic cream sauce, fresh parsley, parmesan & lemon

# FISHERMAN'S BASKET

Battered cod, parmesan dusted calamari, coconut prawns & tempura scallops, fries, house salad, tartare & lemon

# CALAMARI

Parmesan dusted golden fried calamari served with chips, salad, curry aioli & fresh lemon

**GF GLUTEN FREE VVEGETARIAN GFO GLUTEN FREE OPTION VG VEGAN** 

GET INSTANT ACCESS TO MEMBER PRICES BY SIGNING UP AT RECEPTION NOW. \$5 GETS YOU 3 YEARS OF DISCOUNTS.

VIS **WAGYU BURGER** 26

Flame-grilled wagyu patty, cheddar cheese, sliced tomato, beetroot relish, house pickles, lettuce & burger sauce, on toasted Turkish & fries (gfo)

**STEAK BURGER** 

Char grilled mega marbled striploin, lettuce, tomato, beetroot relish, cheese, peppered mayo, on toasted Turkish & fries (gfo)

**MOROCCAN CHICKEN** 

Grilled Moroccan chicken tenders, lettuce, tomato, beetroot relish & pineapple chutney, on toasted Turkish & fries (afo)

**SALMON AND AVOCADO WRAP** 

Smoked salmon, avocado, baby spinach, fried capers, red onion, fetta, truffle aioli, wrapped in a flour tortilla & fries

BACON 4

EGG 3 ADD ON TO ANY BURGER

SUBSTITUTE FOR GLUTEN FREE BREAD 3

28

½ AN AVO 4.9

ADD A TOPPER

WARM THAI BEEF SALAD

Marinated beef, lettuce, red peppers, red onion, bean sprouts, cucumber, noodles & cashews with a sesame dressing (gf)

**BABY OCTOPUS** 

BBQ baby octopus, baby spinach, fetta, olives, cherry tomatoes, cucumber, red onion, roast peppers & tangy citrus dressing (gf)

LAMB GREEK 28

Lamb Koftas, black olives, lettuce, cucumber, cherry tomato, red onion, roast peppers, tortilla crisps, fetta with a citrus dressing & yoghurt

BEETROOT, BACON AND MOZZARELLA 26

Roast beetroot, baby spinach, bacon bits, buffalo mozzarella, cherry tomatoes, red onion, shallots, tortilla crisps & avocado dressing

ADD GRILLED CHICKEN TENDERLOINS 9.9

ADD SMOKED SALMON 10.5

ADD CHILLED PRAWNS 9.9

ADD ½ AN AVO 4.9

CHICKEN NUGGETS Served with chips & tomato sauce 13 13 PASTA Fettuccine, tomato sauce & parmesan 13 **CALAMARI** Fried calamari & chips 13 FISH Battered fish & chips 13 PIZZA Hawaiian or Margherita **CHICKEN TENDERLOINS** 13 Grilled chicken tenders served with chips (gf) **DAGWOOD DOG** 13

ADD TO NIPPER MEAL FOR S3 KIDS ACTIVITY PACK + SOFT DRINK & PADDLE POP

Served with chips & tomato sauce

VIS MEM **SLOW COOKED LAMB SHOULDER** 32 30

Slow cooked lamb shoulder with roast baby potatoes, roast sweet potato, green beans & a side gravy (gf)

**PULLED PORK NACHOS** 

A bed of corn chips topped with BBQ style pulled pork, sour cream, cheese sauce and a tangy house made tomato & bean salsa (gf)

**ADD AVO \$4.9** 

CHICKEN SCHNITZEL 28 26

Fresh hand crumbed 250g chicken breast, fries, salad & your choice of sauce

CHICKEN PARMIGIANA 31

Fresh hand crumbed 250g chicken breast, ham, house made Napoli sauce, golden grilled

cheese, house fries & salad **CHICKEN WITH PUMPKIN RAVIOLI** 29

Pumpkin stuffed raviolis with chicken, asparagus, white wine cream sauce, baby spinach finished with parmesan & fried capers

PEPPERED BEEF BRISKET

Beef brisket slow cooked with pepper rub with creamy mash potato, slaw, pickles, fried onions & pepper jus (gf)

**PORK BELLY** 32

Crispy skin pork belly, creamy mash potato, green beans, roast garlic & gravy (gf)

VIS

SWEET POTATO & AVOCADO WRAP 25

Roast sweet potato, avocado, baby spinach, hummus, chickpeas, sliced tomato, vegan aioli, wrapped in a tortilla & a side of fries (vg)

KALE & LENTIL SALAD 25 Baby spinach, lentils, chickpeas, cherry tomatoes, red onions, cranberries & kale crisps tossed

with a green citrus dressing (vg)(gf) **BAKED AVOCADO** 

Baked halved avocado stuffed with tomato, hummus, roast red peppers, lentils, chickpeas, cashews, served with roast sweet potato, charred cherry tomatoes, asparagus spears & balsamic glaze (vg)(gf)

**BABY BEETROOT RISOTTO** 25

Baby beetroot, baby spinach, Arborio rice, red onion, cherry tomatoes served with fresh parsley parmesan & cashews (v) (gf)

**BEETROOT PIZZA** 

Beetroot pesto base, baby spinach, baby beetroot, shallots, red onion, cherry tomatoes & mozzarella (v)

**PUMPKIN RAVIOLI** 

Pumpkin stuffed raviolis with, asparagus, white wine cream sauce, baby spinach finished with parmesan & fried capers (v)

Our char-grilled steaks are typically sourced from the northern NSW and South East QLD regions. MSA certified, grass fed for flavour and finished on grain for tenderness.

All grill meals served with a choice of steak fries, mash or baby roast potatoes, and house salad, slaw or veg & your choice of Gravy, Peppercorn, Mushroom, Dianne, Béarnaise, Garlic or Chilli sauce.

Except for the garlic sauce, all of our sauces are gluten free!

	MEM	VIS
250G RUMP	30	32
120-day grain finished (gf)		
300G PORTERHOUSE	41	43
120-day grain finished (gf)		
300G RIB FILLET	43	45
120-day grain finished (gf)		
300G PORK CUTLET	31.5	33.5

Moisture infused for consistent tenderness (gf)

CREAMY GARLIC PRAWNS 10.5

CALAMARI 10 TEMPURA SCALLOPS 10

ADD SURF TO YOUR TURI

VIS **MEM BOWL OF FRIES (af)** 10.5 9.5 **HOUSE GARDEN SALAD (gf)** 10 STEAMED GREEN VEGETABLES (gf) 7.5 8.5 **BOWL OF WATERMELON SLICES (gf)** 7.5 8.5 7.5 MASH POTATO (gf) 8.5 SLAW (af) 7.5 SIDE OF SAUCE

Gravy, Garlic Cream, Peppercorn, Mushroom, Dianne, Béarnaise or Chilli sauce Except for the garlic sauce, all of our sauces are gluten free!

GF GFO **GLUTEN FREE GLUTEN FREE OPTION** VEGETARIAN

28

WITH 14 RESCUES. 1.377 PREVENTATIVE ACTIONS. 71 MINOR FIRST AID TREATMENTS. 20 MAJOR FIRST AID TREATMENTS AND 8.414 HOURS OF PATROLLING THE BEACH.

ALL THIS WORK WAS COMPLETED BY THE 244 VOLUNTEER SURF LIFE SAVERS OF THE COOLANGATTA SURF LIFE SAVING CLUB.

EVERY TIME YOU ENJOY A DRINK, HAVE A BITE TO EAT, PLAY A GAME OF KENO OR PLAY THE POKIES YOU ARE CONTRIBUTING TO THE TRAINING AND EQUIPMENT OUR LIFE SAVERS NEED TO KEEP THE BEACHES SAFE.

